Address: 490 Huronia Rd. Barrie, Ontario, L4N 6M2

Main Line: (705) 734-9690 | Fax: (705) 734-0239

Website: http://www.bchc.ca | mailto:admin@bchc.ca

Grocery Store Tours

Take a **1-hour** tour with a Registered Dietitian to learn more about healthy food choices.

Tours are held at **6:00 pm** at FreshCo on Bayfield St. as well as at Food Basics on Essa Rd. See monthly flyers for details.



Please call the Diabetes Management Centre to register at: 705-734-9690







